



From Garden to Plate - Learn, Harvest, Cook & Taste!

ABOUT US

Join Dr. Haley Bodea (OTD, OTR/L, CPT, ASDCS & feeding therapist) and Adam Dulberg (organic farmer, professional baker, and certified master gardener) for hands-on farm experiences that make trying new foods fun! Students will learn how crops are grown, harvest organically grown produce, prepare simple recipes together, and taste their creations - all while building friendships in a supportive group setting. The series ends with yummy baked sweet treats to celebrate our brave eaters!

PROGRAM DETAILS:

Dates: March 23rd - May 11th, 2026

Series Length: 8 weeks

Time: Monday Mornings | 9:00–10:30 AM. Limited spots available! A second session will be added based on demand.

Location: Wonderground Farm, Gilbert, AZ

Duration: 90 minutes per session

Group Size: 6-8 students per class

ESA-Approved Vendor!

WHAT WE DO:



- ✓ *Harvest organically grown vegetables at Wonderground Farm*
- ✓ *Prepare simple recipes with fresh organic produce*
- ✓ *Explore farm-fresh foods in a no-pressure environment*
- ✓ *Build social skills through farm activities*
- ✓ *Learn where food comes from (farm-to-table!)*
- ✓ *Taste what we make together with expert guidance*
- ✓ *Celebrate with baked sweet treats in our final session!*